

St. Theresa's Prayer:

May today there be peace within.

May you trust God that you are exactly where you are  
meant to be

May you not forget the infinite possibilities that are born of faith

May you use those gifts that you have received, and pass on the love  
that has been given to you

May you be content knowing you are a child of God

Let this presence settle into our bones, and allow your  
soul the freedom to sing, dance, praise and love

It is there for each and every one of you.