

## A Prayer to Fear Less and Do More

By Katy McCown

*“But blessed is the one who trusts in the LORD, whose confidence is in him.” - [Jeremiah 17:7 NIV](#)*

*Have you ever stood at the edge of a leap of faith?*

I've been stuck on the roof many times. But with each peek over the edge I've learned when I shift my gaze from what I face to the One who stands beside me, I gain the confidence to try.

I may not know where God's taking me. I may not know what happens next. I may question whether or not I'll be safe. But as our key verse says, I can count on the One who sends me, *“But blessed is the one who trusts in the LORD, whose confidence is in him” ([Jeremiah 17:7](#)).*

If you're standing at the edge today looking at cloudy waters below, turn your head. Your Heavenly Father is right beside you. You may not know a lot of things, but if you know Him, that changes everything.

**2 Timothy 1:7**, “For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.” (NIV)

**Isaiah 41:10**, “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” (NIV)

*Lord Jesus, push me! I want to go higher with You! I want to know the fullness of life that comes only when I'm planted in Your will. Help me trust You and follow You wherever you lead, that I may experience the joy of Your salvation. In Jesus' Name, Amen.*