

*I ask your Heavenly Father to richly bless you in all the places I failed to bless you.*

*I ask the Lord Jesus Christ by the power of His Cross and Blood to set you free now from any harsh or cruel words that I said... especially the ones you keep remembering over and over...I am so sorry.*

*I ask the Lord to set you free from any heart injuries you sustained from me or from others in whose care I placed you.*

*I ask the Holy Spirit to set you free from heartache, disappointments, dreads, grief, or rage you cannot resolve.*

*And I'm so sorry for any other struggles I may have caused you...*

*May you be healed from being ignored by me...or overindulged by me.*

*If I ever made you feel less than or not good enough... I am deeply sorry and ask you to please forgive me.*

*May the Lord set you free from working so hard to please me when you thought nothing ever would.*

*May the Lord set you free from trying to get from me what I never had to give you... I'm so sorry.*

*May the Lord set you free from blaming me for failing you... not because I need that, but so you can be free to grow;... to receive;... and to achieve;... to be creative in ways you have not yet imagined.*

*May the Lord give you all the things I was unable or unwilling to give you.*

*May the Lord guide you in ways I never could and grant you peace.*

*May the Lord free you from the effects of my addictions, my sins, my anxieties and my anger.*

*May the Lord free you from feeling that you have to always be perfect or that you have to be what I expected you to be.*

*I pray that God will help you to see that the hurt and pain I caused you came from my own selfishness. It limited me, and I am so sorry if it has limited you.*

*I pray that God will remove from you any belief that you were not wanted...or loved.*

*I pray that the Lord will release you from any unhealthy bond that you may have with me... I want you to keep all of the good that came from me, and give the garbage to God.*

*My beloved sons... my precious daughter... I love you. I am so proud of you. I am so glad you were born. Take flight, my love... soar into the heights of God's destiny for you... fly free... and live!*